

37th Annual Londonderry, N.H. Old Home Days

LUNDGREN 5K ROAD RACE

Saturday, August 20, 2016—8:00 a.m.

Sponsored by: **EMBROIDERY CREATIONS OF LONDONDERRY LLC**

Registration: Pre-registration: \$20 for non-Londonderry residents
\$15 for Londonderry residents
Day of the Race: \$20 for EVERYONE

ALSO, donations may be made to the Londonderry Track Club Scholarship Fund.

Checks should be made payable to "Londonderry Track Club." Applications may be dropped off at Embroidery Creations, Londonderry Professional Park, or sent to Londonderry Track Club • P.O. Box 1036 • Londonderry, NH 03053

Race-day registration will begin at 6:45 a.m. at Londonderry High School, Route 128, Londonderry, N.H. From I-93, take Route 102 (Exit 4) west to Route 128. Turn north onto Route 128 and proceed about 1.6 miles to Londonderry High School. (At the light, go left into parking lot.) Number pick-up for pre-registration will also take place at the High School.

Last-minute pre-registration and number and shirt pick-up can be done in the Londonderry HS Gym Lobby from 5:00-7:00 p.m. on Friday, August 19, 2016.

Course: Begins at Mammoth Road in front of the Lion's Hall, proceeds south to Peabody Row, onto Buttrick Road, returning back to Lion's Hall for finish.

Awards: Plaques will be awarded to all male and female winners in the following ten age groups:

12 and under	17-19	30-39	50-59	70-79
13-16	20-29	40-49	60-69	80 and over

T-Shirts: Specially designed shirts will be presented to the first 200 race registrants.

Raffle: Many merchandise prizes will be **raffled** at the conclusion of the race. **All runners** are eligible for the raffle prizes.

Course Records: Dave Dunham (1991): 14:44
Maribell Sanchez (2000): 17:35

Results: Computerized timing and results provided by **LANCER TIMING SERVICES.**

More Info: E-mail race director Matt Smith, Londonderry High School Track Coach, at Msmith@Londonderry.org.

Londonderry Old Home Days Road Race Application

Name _____ Age _____ Sex _____

Address _____

City _____ State _____ Zip _____

Do not write here

In consideration of this entry's acceptance, I hereby for my heirs waive and release all claims and damages I may have against the Town of Londonderry, race officials, volunteers, and all sponsors for any and all injuries sustained before, during, and after the race. I further state that I am in proper physical condition. I grant my full permission for the use of any photographs, videotapes, motion pictures, recordings, or any other record of this event for any reasonable purpose.

Signature _____ (Parent, if runner is under 18) Date _____